



**مدرسة سمارت فيجن**  
**SMART VISION SCHOOL**

# ***SVS Wellbeing Policy*** ***2026/2027***

*Date of Original Policy: August 2024*

*Date of Next Review: August 2027*

# Smart Vision School Wellbeing Policy

## 1. Vision Statement

*At Smart Vision School, we believe wellbeing is central to success in learning and life. Our vision is to build a culture where every child, staff member, and family feels safe, valued, healthy, and empowered to thrive.*

## 2. Mission Statement

*We are committed to:*

- *Prioritising proactive wellbeing as a whole-school responsibility.*
- *Embedding wellbeing learning opportunities across the curriculum and daily school life.*
- *Using real-time wellbeing data from tools like Pulse, Colour Monsters, PASS, and Leuven Scales to inform our approach.*
- *Promoting physical, emotional, and mental health through policies.*
- *Building a strong partnership with parents to ensure consistent wellbeing messages at home and school.*
- *Providing professional development to equip staff to support wellbeing effectively.*

## 3. Scope

*This policy applies to:*

- *All students from FS to KS3*
- *All teaching and non-teaching staff*
- *Parents and carers*
- *Governors and external partners*

## 4. Wellbeing Principles

- Wellbeing is everyone's responsibility.
- Wellbeing includes physical, emotional, social, digital, and mental health.
- Every child has the right to be heard and to shape their own wellbeing experience.
- Wellbeing is tracked, measured, and acted upon through evidence-based tools.

## 5. Wellbeing Objectives

- Promote emotional literacy and self-awareness
- Develop resilience and coping strategies
- Encourage healthy lifestyles (nutrition, physical activity, sleep)
- Create a safe and inclusive school climate
- Empower students to lead wellbeing initiatives
- Support staff to manage their wellbeing

## 6. Whole-School Wellbeing Initiatives

<b>Area</b>	<b>Examples</b>
<b>Emotional Check-ins</b>	Colour Monsters (FS-KS1), Pulse (Y3+)
<b>Curriculum Integration</b>	PSHE, Science (health topics), PE, English (stories about emotions), Wellbeing Curriculum

**Student Voice**      *Student Council (Wellbeing Representative), Buddy System*

**Parent Partnership**      *Workshops, Parent Surveys*

**Staff Wellbeing**      *Pulse Check-ins, Pastoral Check-ins, Staff Induction, CPD*

**Healthy Living**      *Healthy Lunchbox Challenge, Active Breaks, Healthy Eating Education, Hydration Awareness*

**Positive Environment**      *Calm Corners, Wellbeing Wall*

## **7. Kindness Calendar**

<b>Day</b>	<b>Daily Theme</b>	<b>Activity Focus</b>
<b>Monday</b>	<i>Mindful Monday</i>	<i>Self-reflection, deep breathing</i>
<b>Tuesday</b>	<i>Thoughtful Tuesday</i>	<i>Random acts of kindness</i>
<b>Wednesday</b>	<i>Wellness Wednesday</i>	<i>Healthy habit focus</i>
<b>Thursday</b>	<i>Thankful Thursday</i>	<i>Expressing gratitude</i>
<b>Friday</b>	<i>Friendship Friday</i>	<i>Teamwork and inclusivity</i>

## 8. Wellbeing Monitoring & Evaluation

<i><b>Data Source</b></i>	<i><b>Frequency</b></i>	<i><b>Reviewed By</b></i>	<i><b>Purpose</b></i>
<i><b>Pulse Check-ins</b></i>	<i>Weekly</i>	<i>Class teachers &amp; Wellbeing Lead</i>	<i>Real-time emotional data</i>
<i><b>Colour Monsters</b></i>	<i>Daily</i>	<i>FS teachers</i>	<i>Emotional literacy for young learners</i>
<i><b>PASS Survey</b></i>	<i>Annually</i>	<i>SLT &amp; Governors</i>	<i>Attitude to school &amp; self</i>
<i><b>Leuven Scales</b></i>	<i>Termly</i>	<i>Wellbeing Lead</i>	<i>Engagement &amp; wellbeing</i>
<i><b>Attendance</b></i>	<i>Termly</i>	<i>Wellbeing Lead</i>	<i>Wellbeing indicator</i>
<i><b>Parent Wellbeing Surveys</b></i>	<i>Termly</i>	<i>Wellbeing Lead &amp; Governors</i>	<i>Parent perspective</i>

## **9. Roles and Responsibilities**

<b>Role</b>	<b>Responsibility</b>
<b>Principal</b>	<i>Strategic oversight; reporting to governors</i>
<b>Wellbeing Lead</b>	<i>Day-to-day coordination, data analysis, action planning</i>
<b>Teachers</b>	<i>Daily check-ins, integrating wellbeing into lessons</i>
<b>Students</b>	<i>Taking ownership through Wellbeing Council, peer mentoring</i>
<b>Parents</b>	<i>Attending workshops, supporting wellbeing at home</i>
<b>Governors</b>	<i>Monitoring impact, holding leadership to account</i>

## **10. DSIB-Aligned Wellbeing Action Plan 2026**

- *Refer to School Improvement Plan*